

# 2023 Student Profile & Treatment Outcomes



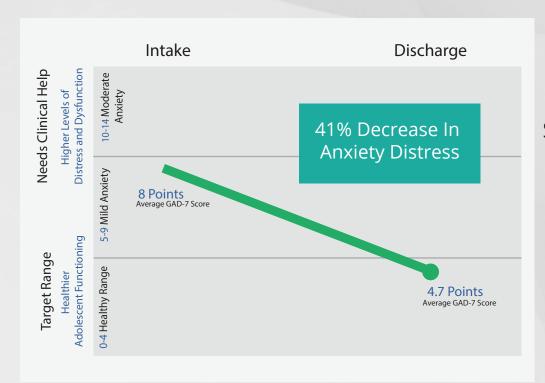


At OASIS Ascent, we are dedicated to delivering compassionate and comprehensive care to teenagers and their families as they navigate challenges such as anxiety, depression, ADHD, trauma, suicidal thoughts, and difficult behaviors.

As a short-term (60-90 day) residential treatment center, we offer comprehensive mental health services, including Observation and Assessment, Stabilization, and Intensive Therapeutic Support. Our holistic approach ensures that our assessments and personalized interventions are carefully designed to help teens heal and thrive, empowering them towards a brighter future.

#### **Overview Of Oasis Ascent**

**Outcomes and Key Findings** 

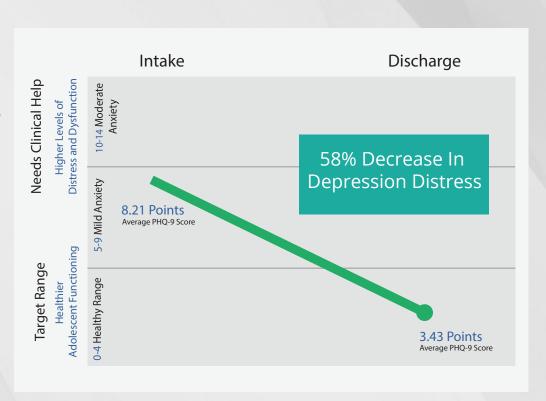


#### **Anxiety Distress**

Student's Average GAD-7
Score Demonstrates a
41% Improvement
From Admission to
Discharge

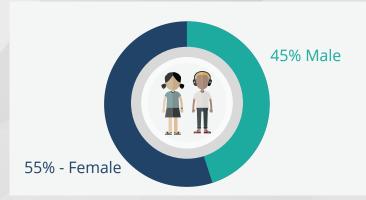
## **Depression Distress**

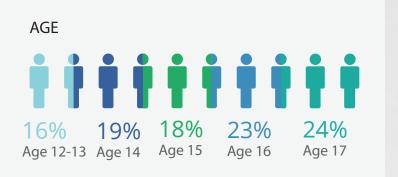
Student's Average PHQ-9
Score Demonstrates a
58% Improvement
From Admission to
Discharge



The research methodology includes the administration of an automated survey to all Students at predetermined intervals during treatment for data gathering purposes.

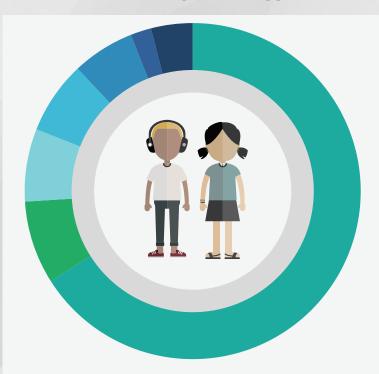
#### **Student Profile**





### **Student Diagnoses + Symptoms**

Students At Ascent Programs Struggle With The Following Issues



# **Primary Diagnosis**

66% - Depressive Mood Disorder

8% - Autism Spectrum Disorder

7% - Behavioral Disorder

7% - Anxiety Disorder

6% - Trauma/Stress Disorder

2% - ADHD

4% - Other

# Youth Outcome Questionnaire (Y-OQ)

Oasis Ascent Surpasses The Clinical Standard - A 13 Point Change Is Considered Clinically Significant

**25**Point Decrease Reported By Parents

Point Decrease Reported By Students

Parents and Students Reported Progress was Maintained One Year Later

The research methodology includes the administration of an automated survey to all Parents at predetermined intervals during treatment for data gathering purposes.

#### **Full Comprehensive Assessment**

Students undergo a rigorous assessment process not only designed to diagnosis their mental health struggles, but also identify or rule out any underlying factors that may be causing or contributing to those struggles.

#### **SECTION 1: Background Information**

Identifying Information Reason for Admission Problem Occurrence Treatment History Diagnoses and Medications



SECTION 2: Treatment Plan Problems, Goals, and Objectives

#### **SECTION 3: Assessments**

Map Testing (Academics)
Bio-psychosocial Assessment
Psychological Assessment
Psychiatric Progress Notes
Nutrition Assessment
Genome Testing
History & Physical
Laboratory Studies



SECTION 4: Progress & Recommendations Continuing Care Recommendations

## Hear from the parents who have been in our programs!

96%

96% of parents reported that they were satisfied with the quality of treatment they received at OASIS Ascent.



94%

94% of parents who's child participated in OASIS Ascent treatment reported feeling the staff cared for their child.

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